At Wayne Health, patients receive care from primary and specialty-care physicians committed to groundbreaking biomedical research and educating the next generation of physicians and advanced practice providers. We understand that whole-person health and well-being goes beyond traditional medical care. Wayne Health and our community partners have researched the following resources and support services to ensure our patients have easy access to vital information.

In this section you'll find links to information available to you and your family on a variety of topics. If you have any questions regarding the information, please reach out to us (link to contact us page).

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Child Care & Youth Learning Resources

Alternative For Girls (Wayne County)

903 W. Grand Blvd. Detroit MI 48208 (313) 361-4000

https://alternativesforgirls.org/

Helps girls & young women off the streets by offering safe shelter, crisis support, and more.

ACCESS

2651 Saulino Court, Dearborn MI 48120 (313) 842-7010

www.accesscommunity.org

After-school homework assistance, outreach educational services, summer-intensive literacy
program, educational and recreational field trips, teen dialogue groups, sports programs, summer
youth academic and recreational programs, career training for summer youth leaders.

Big Brother/Big Sisters of Metro Detroit

23077 Greenfield #430, Southfield MI 48075 (313) 309-0500

https://www.bbbsdetroit.org/

• Adult mentors for boys/girls between 7-14 years of age.

Children's Aid Society (CAS)

7375 Woodward Ave # 2700, Detroit, MI 48202 (313) 961-8100

admin@casmichigan.org

Mon-Fri: 7:30am - 5pm

- Mission of Children's Aid Society (CAS) is to help children, youth and families in metropolitan Detroit, with a special focus on those most at-risk.
- 21st Century All Stars After School Program is available to students who attends a Detroit public school or live in the neighborhood of a school that host the program, include an hour before school and at least two hours a day after school for four days a week during the school year.
- Loving Children Project, partnership between CAS and Detroit Police Department's (DPD) Child
 Abuse Unit gives access to services by CAS on-site social workers to prevent further neglect and/or
 perpetuation of parental/caregiver frustration, which can lead to abuse and/or abandonment via
 counseling and resources.
- Moving Families in the Right Direction a family-focused juvenile diversion program for first offenders; family- focused and provides case management, behavioral alternatives, and guidance to families and their pre- delinquent youths ages 12-17.
- Provides employability skills training, job placement, retention support and family stabilization services to out of school youth and adults.
- Other programs include: Early Attention Program (EAP), Head Start Preschool Development, Gang Awareness Prevention Program (GAPP), Purposeful Parenting Program (P3), Certified Nursing Assistant (CNA) training.

Childtime Child Care

www.childtime.com

3031 West Grand Blvd. Detroit & 500 Renaissance Center Detroit (877)-220-0584

Mon-Fri: 6:30am - 6:30pm.

Childcare for 6 weeks to 5 years of age at \$170/week for full time or with state assistance, pay \$50 for

tuition. Afternoon available to children up to 12 years old.

Children's Village International Centers Nursery School

14901 Meyers Rd. Detroit MI 48227

(313) 931-7610

Hours: Monday-Friday 4 a.m. – 11 p.m. https://www.childrenvillagedetroitmi.com/

- Licensed by The State of Michigan, must qualify for DHS.
- Care from 6 weeks to 12 years of age. Free childcare to single working parents, require 40-hour job. We teach education and social skills.

City Year Detroit

1 Ford Place, Detroit MI 48202 (313) 874-6825

Hours: Monday - Friday, 9 a.m. - 5 p.m.

www.cityyear.org

A domestic version of the Peace Corp., City Year participants tutor and mentor school children and community projects. Participants must be 17 to 24 years old, U.S. citizens or legal residents and have either a high school diploma or GED, or agree to pursue a GED while in the program.

Detroit Public Schools Community District

3011 W. Grand Blvd., Detroit, MI 48202

1-833-466-3978

Hours: Monday – Thursday 9 a.m. – 4 p.m. and 5 p.m. – 8 p.m., Friday 9 a.m. – 3 p.m.

Homework hotline https://www.detroitk12.org/Page/9660#calendar16189/20200330/month

Resources for K-12 students and families for online learning. Includes resources for students with exceptional learning needs, academic activity packets, a homework hotline, information to teach K-12 youth about COVID-19, and more.

Detroit Rescue Mission Ministries

150 Stinson, Detroit MI 48226 (313) 993-4700

www.drmm.org

Operates Wildwood Ranch in Howell MI for campers age 7 thru 16, Detroit children, who could not otherwise afford to attend summer camp.

Focus: HOPE, Center for Children

1400 Oakman Blvd. Detroit MI 48238

(313) 494-5500

www.focushope.edu

Mon-Fri: 6:30am - 5:30pm.

- Quality, affordable child care in an education environment; hands-on learning experiences that allow your child to progress at their own pace.
- Newborn to 3 years of age for early childcare service (Head start) is free for local in zipcode 48238.
- Childcare for infant to 4 years of age; tuition-based infants and toddlers (\$170/wk) and 3-4 years (\$133/wk).
- Offer 9-week summer day camps (\$110/wk) Mon-Fri: 7:30am 5pm. Call (313) 494-4400.

Grace Centers of Hope

35 E. Huron, Pontiac MI 48342 (248) 334-2187 or (855) HELP-GCH

Updated 8/2020 3

www.gracecentersofhope.org

- After-school programs and summer programs, "The Kid's Clubhouse", offers GED help.
- Offer full-day childcare for newborns up to age 2 and preschool for 3-4 years old.

Joy-Southfield Health & Education Center

18917 Joy St., Detroit MI 48228 (313) 493-9767

https://www.joysouthfield.org/

Email: joysouthfield@aol.com

- Youth education & mentor program.
- Designed for K-8 students. Mentors-tutors are available individually and in small groups. Partnering with Dixon Educational Learning Academy 8401 Trinity.

Jude Family Child Care Center

9105 Van Dyke St. Detroit MI 48213

(313) 925-8890

- Open Year Round * Before/After School Care for Children 6-12 Years * Infants 6 Weeks 30 Mos. \$175.00/Week; Toddler 30-36 Mos. 135.00/Week Older Preschool 3 -5 Years \$125.00/Week * Summer Camp 6-12 Years \$125.00/Week * Before/After School Care \$80.00/Week * Daily \$40.00 A Day * Registration Fee \$50.00 / \$65.00 for 2
- Children Before and After School is provided during the school year only! The center will provide care for your child on half days of school.
- One (1) full day is available to you for emergency school closings, at no additional charge; however, other arrangements must be made during extended school breaks! Parents/Guardians are welcome to visit at any time.

Leaps and Bounds Family Services

Mt. Calvary, 8129 Packard, Warren MI 49089 (586) 759-3895

www.leapsnbounds.org

Office hours Mon-Fri: 8am - 4pm. Evening classes 6:30pm - 8:30pm variable dates on calendar.

- Provides family education services through early literacy programs for families with children up to age 5 for free (evening and Saturday classes available), teen mentoring project for youth 14-17 in Lincoln high school, GED program thru Michigan Works with existing case.
- Free tutoring available to Lincoln high school students. o For residents of Detroit and south Macomb county.

Matrix Human Services-Vistas Nuevas Head Start

13560 E McNichols Rd, Detroit, MI 48205 (313) 526-4000

www.matrixhumanservices.org

• Federally funded, comprehensive program serving low- income children 3-5 years of age, special needs children and their families

Michigan Youth Challenge Academy (Attn: Admissions & Graduate Affairs)

5500 Armstrong Rd. Bldg 13, Battle Creek MI 49016

(269)-968-1067. Call for application packet.

https://www.michigan.gov/myca/

- The MYC Academy is a 17.5 month, 3-phase program that incorporates eight core components that encourages physical, mental, and moral development to ages of 16-18.
- The program meals, housing and uniforms are all provided and there are no costs to the cadet or

their families for participation in the program. There is NO military obligation for participation.

Receive 400 hours classroom instruction to prepare for exam.

The Children's Center, Wayne State University

79 Alexandrine West, Detroit, MI 48201 (313) 831-5535

https://www.thechildrenscenter.com/

• Provides mental health and other services to at-risk children and families in the Detroit area.

The Downriver Community Conference

15100 Northline Rd. Suite 179, Southgate MI 48195 (734) 281-0700

http://www.dccwf.org/

 Offers tutoring & study skills training, free GED prep, guidance & counseling, free career assessment, employment opportunities & free job search assistance and free assistance with job related needs, free life skills workshops, job shadowing and internships, occupational skills training, follow-up services for at least one year.

YMCA of Metro Detroit Minority Achievers Program

1401 Broadway, Detroit, MI 48226 (313) 223-2841

https://ymcadetroit.org/enrichment/leadership-development/achievers-program/

 Provides matching funds for 18 college-bound students from families living below the poverty level for students who are first in their families to attend college. Students attend monthly workshops and earn money through fund-raising and part-time jobs, and the YMCA oversees the savings program.

More information on Youth Programs & Services: http://julieslist.homestead.com

Low or Free-cost youth programs and services in Michigan consisting of educations programs, summer camps, recreation, mentoring, vocational training and child services.

Clinics: Low Cost/Free

ACCESS

2651 Saulino Court, Dearborn MI 48120 (313) 842-7010

www.accesscommunity.org

- Serves a diverse and growing population of uninsured and under-insured Michiganders.
- Provides health and mental health services.
- Accepts Arabic clients or any Dearborn resident.

Algonac Medical Center

2700 Pointe Tremble Rd, Algonac, MI 48001 (810) 794-4917

- Sliding "fee" scale available.
- Open Mon-Sat; call for hours.

American Indian Health & Family Services

4880 Lawndale, Detroit MI 48210 (313) 846-6030

www.aihfs.org

- Medical, dental, substance abuse, as well as prevention services.
- Eligibility limited to low-income Native Americans.

Arab-American and Chaldean Council (ACC)

363 W. Big Beaver Road, Troy, MI 48084 (248) 559-1990

www.myacc.org

Offering a variety of health-related services in Wayne, Oakland and Macomb counties.

Cabrini Clinic at Most Holy Trinity Catholic Church

1234 Porter St. Detroit MI 48226 (313) 961-7863

www.cabriniclinic.org

- Volunteer health professionals provide primary medical care, prescription assistance and mental health care to uninsured adults, ages 19 to 64.
- Provides free walk-in services: Tue: 5pm 8pm/ Thurs: 1pm 5:30pm & 6pm 8pm.
- Adult mental health services by appointment only, Wed: 3pm 6pm
- Twenty-five enrolled patients are seen at each clinic on a first come, first served basis. Registration is one hour before the clinic opens. Free or low cost clinic.

Cass Community Social Services

3745 Cass Ave. Detroit MI 48201

(313) 883-2277

Email: ccumcac@aol.com

Sat: 9am - 12pm

Free care and meds, especially for those over 60 years old.

CHASS Clinic (Community Health and Social Service)

11745 Rosa Parks Boulevard, Detroit, MI 48206

(313) 883-2277

https://casscommunity.org/

- No one will be turned away.
- Services are focused on low-income African-American and Hispanic individuals.
- Established patients can make appointments by calling 313-849-3920 for the Southwest Center and 313-556-9907 for the MidTown Center. New Patients call 313-849-3920.

Coalition on Temporary Shelter Clinic (COTS)

26 Peterboro, Detroit MI 48201 (313) 831-3777

http://www.cotsdetroit.org/

Health care services on Tuesday 9am - 1pm for the homeless.

Community Family Health Center

1230 N. Maple, Ann Arbor MI 48105

(734) 998-6117

Mon: 9am - 4pm / Tues-Thur: 1pm - 7pm / Fri: 9am - 4pm.

 Full range of primary care, such as check-ups, prenatal care, contraception, flu shots, child birth classes, and school physicals. Sliding scale with proof of income.

Corner Health Center

47 N. Huron, Ypsilanti MI 48197

(734) 484-3600

www.cornerhealth.org

Mon: 9am - 7pm / Tues-Thur: 9am - 6pm / Fri: 9am - 5pm.

 General medical care, OB/GYN, family planning, and counseling for people aged 12-21 and their children.

Covenant Community Care

32932 Warren Rd, Westland, MI

(734)-298-0202

5716 Michigan Ave. Detroit MI 48210

(313) 554-1095

1700 Waterman Detroit MI 48209

(313) 841-1699

27776 Woodward Ave. Royal Oak MI 48067

(248) 556-4900

18917 Joy Rd., Detroit, MI 48228

(313)-446-8800

20901 Moross Rd, Detroit, MI 48236

(313)-626-2600

www.covenantcommunitycare.org

• Adult medical care by appointment only; sliding "fee" scale.

Detroit Community Health Connection Clinics

East Riverside

- 13901 E. Jefferson, Detroit MI 48215
- (313) 822-0900

Dr. Sophie Womack Eastside Health Center

7900 Kercheval, Detroit MI 48215

• (313) 921-5500

Dr. Feleta Wilson Health Center

- 6550 West Warren Avenue, Detroit Mi 48210
- (313)-897-7700

Woodward Family Medical Center

- 611 Martin Luther King Jr. Blvd. Detroit MI 48215
- (313) 832-6300

Dr. Peter Slaughter Health Center

- 20303 Kelly Road, Detroit MI 48225
- (313)-347-2116

Oscar Pascal Health Center

- 12800 E Warren Avenue, Detroit MI 48215
- (313)-343-2887

The Nolan Family Health Center

- 111 W Seven Mile Rd. Detroit MI 48203
- (313) 369-2600

www.dchcquality.org

Mon-Fri: 9am - 5pm.

- Offer adult medicine and ancillary services (labs, imaging), adolescent care, dental, emergency services, family planning, OB/GYN services, prenatal (WIC) and pediatric care (includes free childhood immunizations), services to patients that include confidential screening, diagnosis, and treatment of HIV/AIDS.
- Partnership with The City of Detroit Pharmacy, allows patients to receive affordable medications from the same facility.
- Please call for prices for services.

Detroit Health Care for the Homeless

100 River Place Dr., Detroit MI 48207 (313) 416-6262

- Medical, dental, and some mental health services.
- Appointments and walk-in, Mon-Fri: 8am 5pm.
- No fee for the homeless; discounts for the uninsured.

Detroit Health Department Clinic

Herman Keifer Family Health Clinic 1151 Taylor St., Detroit MI 48206 (313) 876-4826

Free clinical care (if proof of financial need)

Detroit Hope Hospital

801 Virginia Park Detroit MI (313) 874-0100

- Affordable community-based hospital, including emergency services, mental health, dental and primary care.
- Free transportation is available.

Detroit Medical Group

https://dmcmedicalgroup.com/ 6455 Gratiot Detroit MI 48207 (313) 921-8600

Mon/Wed/Thur: 9am - 3:15pm; Tue/Fri: 1pm - 4pm. 14071 E.

Seven Mile Rd. Detroit MI 48205

(313) 371-2828 Mon-Fri: 9am – 4pm.

• Photo ID required. Free vaccinations and discounted medical services (\$60) for the uninsured, does not include labs or medications.

Family Medical Center of Michigan – Carleton

130 Medical Center Dr. Carleton MI 48117 (734)

654-2169

Mon-Fri: 8am -5pm, except Wed: 8am - 8pm.

- Must live in MONROE County; \$20 for first visit.
- Sliding scale based on total income (Food stamps, child support, unemployment, SS, etc), so bring pay stubs.
- By appointment only, hours as above. o Dental services also available.

Family Medical Center of MI – Temperance

https://www.familymedicalmi.org/

8765 Lewis Ave. Temperance MI 48182

(734) 654-2169

Mon-Fri: 8am -5pm, except Wed & Thur: 8am - 8pm.

- Must live in MICHIGAN; \$20 for first visit.
 - Sliding scale based on total income (Food stamps, child support, unemployment, SS, etc), so bring pay stubs.

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• By appointment only, hours as above.

Fort St. Presbyterian Church

www.fortstreet.org

631 W. Fort St. Detroit MI 48226

(313) 961-4533

Open Thurs: 9am - 11am (registration begins at 8:30am).

• Clinic for the homeless population.

Great Lakes Family Medical Center

4420 E. Davison, Detroit MI 48212

(313) 369-1500

Mon-Fri: 8:30am - 5pm.

- Walk-in welcome, please bring SS card and ID.
- \$55 for a comprehensive office visit. Does not include labs or medications.

Health Centers Detroit

East Jefferson Health Center

- 7633 E Jefferson Ave. Suite 340, Detroit MI 48214
- (313) 822-1030
- Mon-Fri: 8:30am 5pm

DRH University Health Center

- 4201 St Antoine Suite 7A, Detroit MI 48201
- (313) 966-0993
- Mon-Fri: 8:30am –5:30

www.hcdmg.org

Updated 8/2020

- Call for an appointment at Jefferson and St. Antoine.
- Sliding scale for uninsured: \$40 for first visit, \$20 for each visit after that.

Hope Medical Clinic

Wayne Clinic

- 33608 Palmer Rd, Westland MI 48186
- (734) 710-6688

Ypsilanti Clinic

- 518 Harriet St. Ypsilanti MI 48198
- (734) 481-0111

Mon: 5pm - 8pm /Tue & Thur: 9am - 12pm, 1pm - 5pm/Wed: 9am - 12pm, 6pm - close /Sat: 9am - 12pm.

- General medical care for adults & children without insurance or medical benefits, free services.
- Prescription assistance available.

HUDA Clinic

13240 Woodrow Wilson, Detroit MI 48238 (313) 865-8446

www.hudaclinic.com

Tues-Thurs/Sat: 8:30am - 2pm. Call for appointment, especially new patients.

- Uninsured are free.
- Some medications provided.
- Located inside the Muslim Center of Detroit.

Joy Southfield Health Clinic

18917 Joy Rd. Detroit MI 48228

(313) 581-7773

(313) 446-8800 (Covenant Clinic)

www.joysouthfield.org

Hours: M,W,Th 8am-4:30pm, T 8am-6:30pm, F 8am-1pm

- Call for an appointment
- No STDs, no mental health, no Substance abuse.
- Pediatrics services: call (313) 579-1182.
- OB/GYN services: call (313) 366-3900.

Malta Medical Mission at St. Leo's Church

https://www.maltaclinic.org/

4800 Grand River Ave, Detroit MI 48208

(313) 894-2240

1st and 3rd Wed of each month 9am - 1:30pm. All walk-in appointments.

MUST live in 48204, 48206, 48208, 48210, 48216.

Free primary care services.

Mercy Place Clinic

https://www.stjoeshealth.org/about-us/community-benefit/faith-community-nursing/mercy-place 55 Clinton, Pontiac MI 48342

(248) 333-0840

Open Mon-Fri: 8am - 4:30pm by appointment only, closed for lunch 11:30 - 12:30pm.

• Primary care services for uninsured working adults.

Neighbors Caring for Neighbors Samaritan House

62324 Van Dyke, Washington Twp. MI 48094 (586)

752-1856

- For Macomb County residents who lack health insurance; primary care only.
- Appointments preferred; Open Mon: 9am 6pm.

New Haven Medical Center

58144 Gratiot Ave. New Haven MI 48048

(586) 749-5197

https://www.communityfirsthc.org/contact-locations/new-haven-mi/

Open Mon-Wed: 8:30am - 7pm / Thur-Fri: 8:30am - 5pm / Sat: 8:30am - 12pm.

- · Sliding scale.
- Family practice and OB/GYN services.

NOAH at Central United Methodist Church

23 E. Adams Ave. Detroit MI 48226

(313) 965-5422

http://noahprojectdetroit.org/

Mon-Thur: 10:30am - 12pm.

• Health screenings, referrals, prescription assistance.

Oakland County Children's Clinics (Oakland County residents

only.)

https://www.oakgov.com/health/services/Pages/cshcs.aspx

1200 N. Telegraph Bldg., Pontiac, MI 48341

(248)-858-0056

M 8:30am-5pm, T-F 8:30am-6pm

 Children's Special Health Care Services (CSHCS) provides help to families of children who have chronic health conditions or disabilities. Children must have a qualifying medical condition and be 20 years old or younger. Persons 21 years and older with Cystic Fibrosis or certain blood coagulation disorders may also qualify for services.

The Wellness Plan- Pontiac (Formerly Oakland Primary Health Services)

http://wellplan.com/

46156 Woodward Ave, Pontiac MI 48342

(248) 897-0900

288 West Grand Blvd, Detroit MI 48202

(313)-875-4200

M-F 8:30am-5pm

- East Area Medical Center accepts walk-ins (urgent care)
- More locations available, visit http://wellplan.com/contact-locations/

Packard Community Clinic

3174 Packard Ann Arbor MI 48108

(734) 971-1073

https://packardhealth.org/

Mon-Fri: 8am – 5pm, except Wed: 8am – 7pm / Sat: 8am – 12pm.

- Sliding scale available; proof of income required; Call for hours.
- Primary care for adults and children.

People's Clinic for Better Health

https://www.mylakehuron.com/Lake-Huron-Foundation/Peoples-Clinic-for-Better-Health.aspx

3111 Electric Ave, Port Huron MI 48060

(810) 985-4747

Open Tues-Thur: 8am - 12pm.

• For St. Clair County residents.

• Walk-in only – first time patients must arrive by 9am.

Perry MLK Medical Center

673 MLK Blvd. N. Pontiac MI 48342

(248) 338-2793

Open Mon/Wed/Fri: 9am - 5pm & Tues/Thur: 10am - 6pm; closed for lunch 12pm - 1pm.

Robert R. Frank Student-Run Free Clinic

1234 Porter St., Detroit MI 48226

(313) 444-5490

https://www.frankclinic.org/

Sat: 9am - 12pm.

Covenant Community Care

https://covenantcommunitycare.org/welcome/services-locations/royal-oak/

Covenant Community Health Center (on Woodward)

27776 Woodward Ave. Royal Oak MI 48076

(248) 556-4900

Mon/Wed/Thurs/Fri: 8am - 4pm/ Tue: 11am - 7pm.

SAY Detroit Family Health Clinic

https://saydetroit.org/

211 Glendale, Detroit MI 48203

(313) 758-6100

M-F 9am-4pm

• Free clinic for women and children.

Shelter Association of Washtenaw County

https://www.annarborshelter.org/

312 W. Huron Ann Arbor MI 48104 (734)

662-2829

Mon: 1pm-5pm&7pm-9pm/Tue: 8:30am-4:30pm/ Wed: 9am - 4:30pm / Thur: 9am - 12pm & 1pm - 5pm / Fri: 8:30am - 4:30pm.

- Podiatry Clinic every 3rd Thursday of the month
- Women's health clinic 1st Tuesday of the month
- HIV/STD clinic 2nd Thursday of the month
- Services for individuals who lack permanent housing.
- Walk-in and appointments accepted.

Ascension Macomb- Oakland Primary Care

https://healthcare.ascension.org/Locations/Michigan/MIDET/Warren-Ascension-Macomb-Oakland-Hospital-Oakland-Primary-Care

27472 Schoenherr Rd. Suite 130, Warren MI 48088

(586) 582-7550

Mon&Fri: 8am-5pm/Tue&Thur:10am-7pm/Wed: 8:30am - 12pm.

• Free clinic; call for an appointment.

St. Joseph Mercy Neighborhood Health Family Center

https://ihacares.com/locations/mi/ypsilanti/st-joseph-mercy-neighborhood-family-health-center

111 N. Huron St. Suite 101, Ypsilanti MI 48197

(734) 547-7977

Mon-Fri: 8am - 5pm.

• Primary care. Fees are based on income, but no one is denied care, appointments only.

Advantage Health Center

http://ahcdetroit.org/

15400 McNichols Rd. W Detroit MI 48235

(313) 416-6262

Mon/Tues/Thurs/Fri: 8am-5pm/Wed: 10am-6pm.

- Primary care for adults and children.
- Low-cost clinic providing medical and dental care.
- Walk-in and appointments.

Wayne Health Dept.

33030 Van Born Road Wayne MI 48184

(734) 727-7100

Mon/ Tue/ Thur/ Fri: 8am - 4:30pm / Wed: 11am -7:30pm.

- Closed 4TH Tuesday afternoon/month.
- Immunizations and Vaccines for Children and Adults. WIC services.

Western Wayne Family Health Centre

https://www.wwfhc.org/

26650 Eureka Rd. Taylor MI 48180

(313)-561-5100

Mon-Thur: 9am - 6pm / Fri: 9am - 5pm.

Clothing

Career Corner - Clothes Closet

44 Mill St. Rochester MI 48308 (248) 651-5836

https://www.ranh.org/clothes-closet

Mon/Tues/Thur: 10am - 4pm; Fri/Sat: 10am - 2pm; Wed: 10am - 7pm.

- Serves residents of Rochester area; eligibility determined at the main office Mon-Thurs 12pm 2:30pm.
- See website for requirements.
- · Clothing for all ages.

Church of the Resurrection

27085 W. Outer Dr. Ecorse MI 48229 (313) 382-1781

Community Lutheran Church – Helping Hands

23984 Gibraltar Rd. Flat Rock MI 48134 (734) 782-0563

https://www.clcflatrock.com/helping-hands/

Wed: 9am - 1:30pm.

• Food and clothing; primary for residents of Flat Rock.

Council Thrift Shop

3297 W. 12 Mile Rd. Berkley MI (248) 548-6664

https://www.facebook.com/councilresale/ Mon-Sat: 11am - 7pm and Sun: 12pm - 4pm.

Crossroads of Michigan

Main office: 2424 W. Grand Blvd. Detroit MI 48208

(313) 831-2000

East office: 21230 Moross Rd. Detroit MI 48236

(313) 822-5200

http://crossroadsofmichigan.org/get-help/

- Offer clothing, food, household items as well as serve a hot meal in the soup kitchen every Sunday afternoon 12pm-3pm.
- Call for an appointment.
- Help with prescription and identification.

Detroit Friendship House

9540 Conant St. Hamtramck MI 48212 (313) 871-7443

www.detroitfriendshiphouse.org

- Primarily serves as a food pantry, but occasionally has some clothing available free of cost and distributes school supplies in July/August.
- Must be a resident of Hamtramck.

Detroit Rescue Mission Ministries

150 Stimson St, Detroit MI (313) 993-4700

www.drmm.org

Mon/Wed/Fri: 9am - 3:30pm.

Clothing available in store as well as many other services and supports. Free.

Dress for Success

5361 McAuley Dr. Ypsilante MI 48198 (734) 712-0517

https://michigan.dressforsuccess.org/

Mon/Tue: 10:30am - 2:30pm / Thur: 11am - 3pm / Fri: 12:30pm - 6pm.

Business clothing for women; must have a referral and call to set up an appointment.

Lighthouse Home Missions

34033 Palmer Rd. Westland MI 48186 (734) 326-3885

http://www.fgtonline.org

Mon/Wed/Fri: 10am - 3pm.

Must call between 10am - 2pm to place clothing order and then pick up the same day before 3pm.

Guiding Hands Pregnancy – Evangel Baptist Church

16994 Telegraph Rd. Taylor MI 48180

734) 946-5680

https://www.facebook.com/guidinghandcenter/

- Must be Wayne County resident o Mon: 7pm 9pm and Tue: 10am noon.
- Services for pregnant teenagers including parenting skills lessons and counseling; clothing and baby supplies available. Recommend arriving as soon as they open, first visit will take about an hour.

Help Is On The Way (Food Pantry and Clothing Closet)

5358 South Beech Daly, Dearborn Heights MI 48125

(313) 908-7104 (Jack Schmidt)

https://www.helpsontheway.org/ Only Thur: 6pm - 9pm, advised to arrive before 7:30pm.

Clothing and Food for first 70 families. Need photo ID.

Lighthouse of Oakland County

46156 Woodward Ave. Pontiac MI 5850 Dixie Hwy, Clarkston MI 48346 18505 W. 12 Mile Rd., Lathrup Village MI 48076 (248) 920-6000

www.lighthouseoakland.org

Mon-Fri: 9am – 5pm.

Clothing for women going into workforce for members of "Career Dress" program.

Matrix Human Services

Various locations (26) (313)-962-5255

www.matrixhumanservices.org

Through variety of programs, dedicated to serving the poor and those in need throughout Detroit for more than 106 years by providing food, clothing, shelter, and other needs.

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My Father's Business

21001 Moross Rd. Detroit MI 48236

(313) 642-0277

https://gracewired.com/missions/my-fathers-business/

2nd and 4th Sat of month; 9:30am - 1pm, must arrive by 11:45am.

• Provides food, goods and services.

New Hope Methodist Church

3401 Oakwood Blvd. Melvindale MI 48122

(313) 383-6577

Last 2 Thursdays of each month, 11am - 1pm.

• Primarily a food pantry; diapers and clothing occasionally available.

Salvation Army

Many locations in greater Detroit area.

313-964-3639

www.salmich.org

- Clothing, food, furniture, emergency shelter.
- · Usually no fees.

St. Thomas Episcopal Church Thrift Shop

2441 Nichols Dr. Trenton MI 48183

(734) 676-3122 (church); call for referral (Mon-Thur) for a free bag.

https://www.stthomastrenton.org/st_thomas_thrift_shop

Sat: 9am - 12pm (closed in July).

- Gently used clothing, household goods, books, and toys.
- Most clothing s sold for \$3 per grocery bag full

St. Vincent DePaul Store

Find a store and great deals at www.svdpdet.org

Thrift Store Locations:

- Food, clothing, furniture and household items; most items \$1-\$5
- Utica
 - 45550 Van Dyke; (586) 323-5133, Mon-Sat: 8am 6pm
- Waterford
 - 5395 Dixie Highway; (248) 623-2780, Mon-Sat: 8am -6pm
- Detroit
 - 3000 Gratiot Ave; (313) 393-2870, Mon-Fri: 9am 5pm
- St. Clair Shores
 - 23746 Greater Mack; (586) 773-0190, Mon-Sat: 9am 6pm
- Port Huron
 - 1337 24th Street; (810) 984-5392, Mon-Sat: 9am 8pm and Sun: 12pm 5pm
- Madison Heights
 - 28720 Stephenson Hwy; (248) 206-5644, Mon-Sat:
 10am 7pm

Upscale Rags to Riches Designer Resale Shoppe

23549 Telegraph Rd. Brownstown MI 48134 (734) 675-1343

Mon-Thur: 10am - 6pm; Fri/Sat: 10am - 5pm.

• "Designer resale shoppe, quality name brand clothes at affordable prices." Good selection of prom and special occasion dressing as well as women's professional clothing. Prom and wedding dresses.

West Road Assembly of God

31764 West Rd. New Boston MI 48164 (734) 782-3747

http://grohn.tripod.com

• Gently used clothing, food, blankets, and shoes are distributed to those in need on a weekly basis in Heart Plaza. Call for more details regarding prices and times.

Dental

Baker College of Port Huron Dental Hygiene Program

https://www.baker.edu/about/get-to-know-us/news/low-cost-dental-services-available-at-baker-college-of-clinton-township

34401 S Gratiot Ave, Clinton Township

(586)-790-5238

Sept-Dec: Mon/Wed/Fri: 8am – 5pm; Jan-June: Mon-Fri: 8am – 5pm; Jul-Aug: 8am – 5pm. Call for appointment.

• Fee for services such as cleanings, X-rays, fluoride treatments and patient education.

Children's Center Dental Clinic

https://www.dentalclinics.org/lis/the_childrens_dental_center_at_childrens_center_48201

79 W. Alexandrine, Detroit MI 48201

(313) 833-2895

Open Mon-Fri: 8am - 4pm.

Community Dental Center (University of Michigan School of Dentistry)

https://www.dent.umich.edu/patient-care/community-dental-center

406 N Ashley St, Ann Arbor MI 48103

(734) 998-9640

Mon-Thur: 8am – 5pm; Fri: 8am – 1pm.

Discounted services available.

Detroit Mercy Dental Center

https://dentalpatients.udmercy.edu/

2700 MLK Blvd, Detroit MI 48208

(313) 494-6700

Open Mon-Fri: 8am - 5pm.

Discounted basic and emergency dental services.

Dentistry Clinic – Children's Hospital

https://www.childrensdmc.org/services/dentistry#:~:text=Routine%20clinical%20care%20is%20offered,(888)%20362%2D2500.

3901 Beaubien 3rd Floor, Detroit MI 48201

(313) 745-KIDS

• Focused on providing services to medically and psychologically handicapped children, including those with oral clefts and facial anomalies, medical disorders and mental impairments.

HM Mobile Dental Care

1770 Culver Ave. Dearborn MI 48124

(313) 441-1083

On-site dental care for homebound and bedridden individuals.

Hope Dental Clinic

https://thehopeclinic.org/dental

518 Harriet St, Ypsilanti MI 48198

(734) 480-9575

33608 Palmer Rd, Westland MI 48186

Mon-Fri: 9am - 12pm, 1pm - 5pm.

- New patients are taken by registration only. Always accepts children, no need to register.
- Bring proof of annual income and number of people in household.
- All services are free.

Herman Keifer Free Dental Clinic

https://www.freeclinics.com/det/mi_Herman_KeiferHealth_Departmen

1151 Taylor 7th floor, Detroit MI 48202

(313) 876-0342

Open Mon-Fri: 6am - 2:30pm, by appointment only.

Medical hours: Mon-Fri: 8am - 4pm / Sat: 8am - 12pm. o Dental hours: Mon-Fri: 8am - 6pm / Sat: 8am - 2pm.

• Free dental care for children and adult oral health program available.

Order of Malta Medical and Dental Clinic of St. Leo's Catholic Church

https://www.freeclinics.com/det/the-order-of-malta-medical-and-dental-clinic-at-st-leoe28099s-catholic-church

4860 15th St. Detroit MI 48208

(313) 894-2240

Provides free or low cost dental care for low-income Michigan residents.

St. John Riverview Oral and Maxillofacial Clinic

http://www.dentalclinicdirectory.com/clinic/st-john-detroit-hospital---oral-and-maxillofacial-surgery-clinic.html

7815 E. Jefferson, Detroit MI 48214

(313) 499-4775

- Specialty dental services for teeth or jaws; call for more information.
- Payment plans and reduced fees available.

Tri-County Dental Health / J.V.S.

http://dentalhealthcouncil.org/

45580 Woodward Ave, Pontiac MI 48341

(248) 559-7767

- For residents of Wayne, Oakland, and Macomb counties.
- Provides information and referrals to dentists who accept Medicaid, also free and reduced cost.
- Referrals are given by phone ONLY- no walk-ins!

Covenant Community Care - Michigan Avenue Medical and Dental Clinics

https://covenantcommunitycare.org/welcome/services-locations/dental/

559 Grand Blvd, Detroit MI 48216

(313) 554-0485

• More clinic locations available on website.

University of Detroit Mercy Dental Clinic

https://dental.udmercy.edu/

2700 MLK Jr Blvd, Detroit MI 48208

(313) 494-6700

- Dental emergencies, cleaning, and X-rays.
- Payment at time of service, half the price of private dentists.

Wayne County Community College Dental Hygiene Program

http://www.wcccd.edu/academic/dentalhygiene_overview.html

Northwest Campus 8551 Greenfield, Detroit MI 48228 (313) 943-4010

Spring/summer Mon-Fri: 8am - 5pm; fall/winter Mon-Fri: 8:30am - 5:30pm.

• Low cost cleanings for children and adults by dental hygiene students.

Discount Dental Plans

(888) 632-5353

www.dentalplans.com

• Call or visit the Web site to find low-cost dental plans in your area.

Domestic Violence & Sexual Assault Support

Carolyn's Place (St. Clair County)

1530 Pine Grove Suite #2, Port Huron MI 48060

24 hr. Crisis Line: (810) 985-5538 https://bluewatersafehorizons.org/

• Secured 26-bed facility that provides shelter services to women survivors of domestic violence, sexual assault, and their dependent children.

Community Social Services of Wayne County

9851 Hamilton, Detroit MI 48202 (313) 883-2100

www.csswayne.org

- Have Child Welfare Services, Behavioral Health Services, and Senior/Volunteer Services.
- Services for pregnant teens, infant and parenting services.

Chappy Living Solutions

19303 Algonac St. Detroit MI 48234 (313) 521-7088

First Step (Westside-Wayne County)

2727 Second Ave. Suite 304, Detroit MI 48210 (734)-656-0745 44567 Pinetree Drive, Plymouth MI 48170 (734)-416-1111 4400 S. Venoy, Wayne MI 48184 (734)-722-1772 1394 Cleophus Parkway, Lincoln Park MI 48146

(313)-383-2975

24-hour crisis line: (734) 722-6800

http://www.firststep-mi.org

- · Spanish speaking counselor available.
- Food and counseling for adult victims of domestic violence and their children.
- Assist battered women in Out-Wayne County.
- · Accompanies clients to court and divorce trials.

Haven (Oakland County)

(248) 334-1274

24-hour crisis Line: 1-(877) 922-1274

www.haven-oakland.org

 Provides shelter, counseling, advocacy, and educational programming for victims of domestic violence and sexual assault

My Sister's Place/ Woman's Justice Center

615 Griswold, Detroit (313) 921-3902

24-hour crisis Line: (313) 371-3900

• Serves Wayne, Oakland & Macomb Counties.

National Domestic Violence Hotline

(800) 799-7233 (SAFE)

Michigan Chapter/National Organization of Women

1140 Abbot Rd #860, East Lansing, MI 48826 (517) 485-9687 http://www.michnow.org/

Office on Violence Against Women

www.usdoj.gov/ovw

One Step Forward SIL Housing

2711 E Jefferson Ave. Detroit MI 48207 (313) 571-4423

Operation Get Down

10100 Harper Ave. Detroit MI 48213 (313) 921-9422

www.operationgetdown.org

Email: admin@operationgetdown.org

Mon-Fri: 9am - 5pm for administration; center is open 24 hours.

- Provide residence for intervention/promote sobriety and prevent relapse in substance abuse.
- Referrals are made to this minimum 90 day residential treatment from Wayne County Jail Based Diversion program. Services include: initial assessment to determine level/intensity of services needed using Northpointe Correctional Offender Management Profiling for Alternative Sanction.
- Other services include: emergency services, transitional housing, warming center, adult education.
- Step Down program offers wrap around support for motivated clients to ensure a successful transition from residential treatment to integration with their families and the community.

Restoration House Community Center

16392 Harper Detroit MI 48224

(313) 884-5365 ext. 112

Email: RHCC@restorationhousecommunitycenter.org

Thur: 10am - 3pm.

- Utilize resources in developing employable skills, continuing education, enhancing talents, providing human services in an effort to revitalize Metro-Detroit residents.
- RHCC offers food packages weekly to the community free of charge via Gleaners on a first come-first served basis.
- RHCC in conjunction with Jackets for Jobs, Inc. provide interview clothing for women transitioning into the work force at little or no cost to participants.
- Other services include tutoring and educational services, college prep, and transitional housing program.

Right Track Outreach Ctr

12567 Elmdale St. Detroit MI 48213 (313) 245-8033

Southwest Housing Corp

http://www.swsol.org/

1920 25th St. Detroit MI 48216

(313) 841-3727

Wayne County Prosecutors Office

Child and Family Abuse Bureau (313) 224-5857

Domestic Violence Hotlines

Black Family Development Inc 15231 W. McNichols Rd. Detroit MI 48235 (313) 272-3500

Domestic Violence-Batterer Hotline R & R Domestic Services 15251 W. 8 Mile Rd. Detroit MI 48235 (313) 861-3011

Salvation Army 1627 W. Fort St., Detroit MI 48216 (313) 965-7760

Battered Women Shelters

Women Who Care
https://100pluswomenmotown.com/
15879 E. 7 Mile Rd. Detroit MI 48205
(586) 751-3550

Women Empowering Women Inc (Paula's House)

http://www.monroecountychamber.com/list/member/paula-s-house-women-empowering-women-2329 3580 S Custer Rd., Monroe MI 48162 (734) 242-6650

- Mission is to empower women as they make the transition from treatment and/or incarceration to interdependent lifestyle, in a homelike environment.
- Transitional house for homeless women recovering from substance use.
- Residential facility with only 5 beds, intake person to person basis, may stay up to a year

YWCA Interim House (Downtown)

http://www.ywcadetroit.org/

PO Box 21904 Detroit MI 48221 800-SHELTER or (313) 861-5300

Food and counseling for adult victims of domestic violence and their children.

Haven (Oakland County)

(248) 334-1274

24-hour crisis Line: 1-(877) 922-1274

www.haven-oakland.org

Women Only.

RAINN (24 Hours) Rape Counseling Center

https://www.rainn.org/

1-(800) 656-HOPE or (313) 833-1660

4707 St. Antoine Suite M-167 Detroit, MI 48201

Provide help with sexual assault.

Turning Point (Macomb County)

https://turningpointmacomb.org/

(586) 463-4430 or 24 hr. Crisis Line: (586) 463-6990

- Teen group held in the fall for 16 wks. Adult group held in winter for 16 wks.
- Also 8 week educational support groups for adult sexual assault survivors and their significant others.

Food Assistance/Soup Kitchens/Pantry Services

Capuchin Soup Kitchen

1820 Mount Elliot St., Detroit MI 48207 (313) 579-2100

https://www.cskdetroit.org/

- Mon-Sat: 830am 930am Breakfast /11am 1pm Lunch /4pm 6pm Dinner (except Saturday).
- 1/3 of its meals are served to children 12 and under. With the introduction of an evening meal at Conner, a nourishing meal awaits children after school and adults after work.

Crossroads of Michigan

Main office: 2424 W. Grand Blvd. Detroit MI 48208 (313) 831-2787

www.crossroadsofmichigan.org

- Offer clothing, food, household items as well as serve a hot meal in the soup kitchen every Sunday afternoon 12pm-3pm. Help with prescription and identification.
- Pantry hours: Mon/Tue/Thur/Fri: 9am 4pm; Wed: 1pm 4pm; Sat: 9am 12pm

Gleaners Food Bank

2131 Beaufait, Detroit MI 48207 (866) 453-2637

www.gcfb.org/

 Community Food Bank serving Southeastern Michigan, the largest nonprofit organization providing food for our hungry neighbors in Detroit.

Meldrum Kitchen

https://www.cskdetroit.org/programs/meal_program/meldrum/

1264 Meldrum Detroit MI 48207

(313) 579-2100 ext 2218

Mon-Fri: 830am - 930am for breakfast/11am - 1pm for lunch.

• Also provides showers and a change of clothes to ~30 individuals/day.

Salvation Army Bed and Bread Club

https://centralusa.salvationarmy.org/warren/

24140 Mound Rd. Warren MI 48091

(586) 755-5191

- Lunch social services:
 - Monday-Friday, Noon-1pm
 - o (586) 754-7400
- Help people with emergency food, commodities and help in paying utility bills.
 - o Mon-Fri: 9am-12pm and 1-4pm.

St. Christine

https://sccsdetroit.org/programs-2/soup-kitchen/

15317 Dacosta St, Detroit MI 48223

(313) 535-7272

Tue: 230pm - 430pm

St. Patrick Food Pantry

https://www.freefood.org/l/st-patrick-food-pantry

58 Parsons St. Detroit MI 48201

(313) 833-0857 Mon-Sat: 11am – 1p

Health Screenings

Breast and Cervical Cancer Control Program

Central Health Service Center 43525 Elizabeth Road, Mt. Clemens MI 48043 (586)469-5235

Southwest Health Center 27690 Van Dyke Suite B, Warren MI 48093 M-F 8:30am-5pm

Monroe & Lenawee Counties

Lenawee County Health Dept http://www.lenawee.mi.us/187/Health-Department 1040 S. Winter St. #2328, Adrian, MI 49221 (517) 264-5226

Oakland, Washtenaw & Ingham Counties

Ingham County Health Dept. http://hd.ingham.org/ 5303 S. Cedar St. Lansing MI 48911 (517) 887-4311

Wayne County

Barbara Ann Karmanos Cancer Institute https://www.karmanos.org/karmanos/karmanos-home 4100 John R, Detroit MI 48201 (800) 527-6266

Washtenaw County

https://www.washtenaw.org/1129/Health-Department 555 Towner St, Yisplanti, MI 48198

(734)-544-6700

- Receive screening services free of charge, such as: clinical breast exam, pap test, pelvic exams, screening mammogram
- If a breast and/or cervical abnormality is detected then referred to community providers for followup for further diagnostic services.

Housing & Homelessness

Abigayle's Place

12313 19 Mile Rd. Sterling Heights MI 48313 (586) 323-1411

www.abigayleministries.org

- Serves single pregnant women, 18 years of age and older, who are without shelter and support.
- May enter the program at any time in her pregnancy, and can remain in residence for up to three months post-partum with her newborn baby.
- Education and training these women receive includes Bible studies and spiritual guidance, training in basic life skills, parenting, childbirth infant care, nutrition, G.E.D. tutoring, and budgeting skills.
- Abby's Resource Center provides diapers, formula, clothing and other baby items to mothers in need.

Bethlehem House

5063 Van Dyke Ave. Detroit MI 48213 (313) 923-6435

 Shelter for homeless working-women without children. Ages from 35-65. Must be employed and homeless. Counseling, money management and bible study. Drug and alcohol rehabilitation not available.

Cass Community Social Services (Scott building)

11745 Rosa Parks Dr, Detroit MI 48206 (313) 883-2277

www.casscommunity.org

Email: cstan@casscommunity.org

- Open 24 hours. Provides emergency shelter, transitional and permanent supportive housing for all populations.
- Supportive services, such as food, medical, mental health, vocational, youth services to hundreds of homeless persons and families each night.
- Health Services staffed by Dr. Heather Dickson Mon/Wed/Thurs to target homeless from our residential programs, the Drop-In Center and Rotating Shelter/Warming Center and emphasize on medication compliance, as well as preventative measures like flu shots, proper nutrition and smoking cessation.

ChristNet

24356 Eureka Rd. Taylor MI 48180 (734) 287-8890

www.christ-net.org

- Provides temporary overnight shelter to homeless men, women, and children (when accompanied by a parent or guardian). Guests may stay for up to 30 consecutive days while they seek a more permanent solution to their living situation. The Intake Center is located inside the lower level of the West Mound United Methodist Church at ChristNet Center. Registration at the intake center is from 6:30pm - 7:30pm each night.
- All OPEN BEDS are given on a first come first serve basis.
- Guests may begin lining up at the side door of West Mound at 5:30pm Overnight accommodations run from 7:00pm 6:30am.
- Also a Daytime Program that is located at ChristNet Center.
- The hours are Mon-Fri: 7am 3pm, Sat and Sun hours are based on the availability of volunteers.

Lunch is served at 11:30am.

Coalition On Temporary Shelter (COTS)

1600 Porter St., Detroit MI 48216 (313) 831-3777

www.cotsdetroit.org

- Open 24 hours. Provides an array of services that enable people to achieve self-sufficiency and obtain quality affordable housing. COTS also exist to advocate for long-term solutions to the problems of homelessness.
- Such services in case management, education and employment, provide child care via Bright Beginning Child Development Center, emergency and transitional shelter, services in domestic violence.
- Make reservation on phone prior to arrival. Emergency and Transitional Housing.
- Temporary shelter for homeless men, women and children.

Covenant House

2959 Martin Luther King Jr. Blvd. Detroit MI 48208 (313)463-2000

www.covenanthousemi.org

Emergency Shelter Teens (ages 13-22) only.

Detroit Homeless Hotline (Homeless Action Network)

(313) 484-4449

Detroit Rescue Mission -- Oasis: Shelter for Men

150 Stimson St. Detroit MI 48231 3535 Third St. Detroit MI 48231 13220 Woodward Ave Highland Park MI 48203 (313) 993-4700 or (313) 993-6703 or (313) 868-1946 www.drmm.org

- Emergency shelter that provides food, shelter and services to intervene upon homelessness and substance addiction throughout Detroit and its surrounding metropolitan communities.
- Abuse and Treatment Center, Emergency Shelter, Transitional Housing, & Permanent Housing. Men, many of whom are struggling with addiction, debt, and difficulty finding employment.
- All male shelter & transitional housing.
- Overnight shelter available and opens at 3pm.

Genesis House II & III: Shelter for Women

150 Stimson St. Detroit MI 48201 (313) 993-4700

Help's On The Way- Emergency Shelter

5358 S Beech Daly Rd., Dearborn Heights MI 48125 (313) 908-7104

Provides: laundry, meals, nurses, job training, finding housing, welfare assistance forms.

Judah Transitional and Recovery House

12126 Stoepel, Detroit MI 48204 (313) 646-6958 www.judahouse.4t.com

Updated 8/2020 29

- Provides time-limited housing and outpatient supportive services to men who are in recovery programs for alcohol and drug abuse with emphasis on recently released men from the Michigan penal system, men with HIV/AIDS, and Veterans.
- Employment services include Green Jobs training.
- Licensed with the State of Michigan to provide substance abuse outpatient treatment and relapse prevention services.
- Committed to helping men pursue, overtake, and without fail, recover all that addiction, prison, and homelessness has taken away from them.

Mariner's Inn

445 Ledyard Detroit MI 48201 (313) 962-9446

www.marinersinn.org

- Transitional Housing (TH) Program is a supportive, semi- independent living experience available to men who have successfully completed the Mariners Inn Residential Treatment Program. Also offers the opportunity to work on all aspects of their total recovery from substance abuse and homelessness.
- Offers living space and meals in a recovering community of sober men for a period of usually six months and up to two years.
- Eligibility Criteria: homeless, able to achieve self sufficiency, completion of treatment program, employment ready.
- Outpatient Program receives weekly treatment in the form of group didactic classes and individual counseling sessions. 90-day treatment period during which time they are assisted in meeting their treatment plan goals.
- Open 24 hours.

Michigan Homeless Hotline: Emergency Shelter

See web site for complete listings https://www.hud.gov/findshelter/shelters?location=detroit 1-800-A-SHELTER (1-800-274-3583)

Rescue Mission Genesis II

12900 Chicago West, Detroit MI 48228 (313) 309-5900

http://www.drmm.org/

 48 women and 14 children. Women in this program often are working on substance abuse aftercare issues, addressing legal issues, and attend school and training programs.

Starfish Family Services

715 Inkster Rd. Inkster MI 48141 (734)728-3400

https://starfishfamilyservices.org

• Up to 3 week runaway and homeless shelter for individual youths aged 10-17.

Tel-Help A program of United Way for Southeastern Michigan

https://unitedwaysem.org/

Local/Detroit Toll Free Emergency 24 Hours (800) 552-1183

Tumaini Center (Neighborhood Service Organization)

https://www.nso-mi.org/

3430 Third Ave., Detroit Michigan 48201

(313) 832-3100

- Open 24 hours, as a crisis support center for chronically homeless individuals.
- Provided services to all who enter our doors including substance abuse treatment, mental health assessment and referral, case management, emergency food, and clothing storage.
- NSO's Addiction Treatment Services (ATS) provides drug- free substance abuse prevention and treatment services for individuals and families, which also provides a re-entry program for Michigan prisoners transitioning back into the community through its Michigan Prisoner Re- entry Initiative (MPRI).

Samaritas Family Center

https://www.samaritas.org/Building-Communities/Family-Center 30600 Michigan Ave. Westland MI 48175 (734) 721-0590

• A partnership of Lutheran Social Services of Michigan and Wayne County, offering transitional shelter for homeless families.

Wayne-Metropolitan Community Action Agency

https://www.waynemetro.org/cares/

(313)388-9799 Wayne County (excludes Detroit)

Mon-Fri: 8:30am - 5pm.

 Community support services, homeless programs, youth and family services and community development.

Welcome Inn Day Center for the Homeless

1717 W 13 Mile Rd, Royal Oak MI 48073 (248) 850-3219

http://www.sochwi.org/

- The South Oakland Citizens office is open on Tue: 10am 3pm, for showers, food, clothing referrals etc. until the Welcome Inn opens in December.
- Open Mon-Fri: 6:30am 7:30pm.
- Guests may sign up for showers, laundry then receive donated clothing, bus tickets.
- Apply for a state ID that enables them to get the services
- Meet with case managers who address mental health and addiction issues. They see nurses from Wayne State. Truly feel "welcoming".

<u>Immigration, Citizenship & Translation Services</u>

ACCESS One-Stop Employment & Human Service Center

Social Services Department

6451 Schaefer Road Dearborn, MI 48126

Phone: 313-945-8380 Fax: 313-846-4713 Fax: 313-846-4713

ACCESS Youth & Family Services Center

Social Services Department 2651 Saulino Court Dearborn, MI 48120

Phone: 313-842-7010 Fax: 313-842-5150

- Immigration services are provided by specialists who are certified and accredited by the Board
 of Immigration Appeals (BIA). This accreditation allows the immigration specialist to represent
 clients in immigration courts and accompany them during their interview at the Department of
 Homeland Security. This is a fee for service program; a sliding-fee scale will be applied for lowincome clients.
- Immigration services are provided by specialists who are certified and accredited by the
 Department of Justice. This accreditation allows the immigration specialist to represent clients
 in immigration courts and accompany them during their interview at the Department of
 Homeland Security. This is a fee for service program; a sliding-fee scale will be applied for lowincome clients.
- Translation of personal and corporate documents (fee for service): Translators are state certified and proficient in English, Arabic and French. All translation services are provided for a fee; however, a sliding-fee scale will be applied for low-income households.
- Types of documents available for translation include: birth certificates, death certificates, diplomas, divorce decrees, driver's license, family inscriptions, immunization records, individual inscription, judicial records, marriage certificates, medical reports, newspaper articles, passports, personal identification cards, report cards, school transcripts, and more.

Legal Services

Accounting Aid Society

3031 W. Grand Blvd., Suite 470, Detroit MI 48202 (313) 556-1920 or Toll Free: 1-866-673-0873

Email: info@accountingaidsociety.org

www.accountingaidsociety.org

- Provides free tax preparation services for low and middle-income households in southeast Michigan. Services include local, state and federal tax filings and credits, year-round and taxseason assistance, and a low-income tax clinic.
- Serves Livingston, Macomb, Oakland, and Wayne Counties.

Freedom House

1777 N. Rademacher, Detroit MI 48209

(313) 964-4320

Email: info@freedomhousedetroit.org

www.freedomhousedetroit.org

 Provides housing, food, clothing, legal aid, medical care, job training, recreation, transportation and mental health care for survivors of persecution from around the world seeking legal asylum in the United States and Canada.

Free Legal Aid Clinic, Inc. (FLAC)

Wayne State University, Merrill-Palmer Institute, Palmer Institute 5425 Woodward Ave Detroit, MI 48202 (313) 833-0058

Email: flac@wayne.edu www.detroitflac.com

• Law students, under attorney supervision, provide free legal aid to senior citizens in Wayne County and assist low- income Wayne County residents with their family law matters.

Legal Aid and Defender, Association Inc. (LAD)

Main Office

613 Abbott St, 6 Fl Detroit, MI 48226

(313) 967-5555

Client Service Center (Wayne County)

1240 Third St Detroit, MI 48226

(313) 967-5800 or Toll Free: 877-964-4700

www.ladadetroit.org

 Provides free civil legal services to low- and moderate- income people in Macomb, Oakland and Wayne counties, including the City of Detroit in most civil legal matters affecting individuals and families, including landlord-tenant, child custody, parental visitation, consumer purchases, utility shutoffs, mortgage foreclosures, Social Security and other public benefits.

Michigan Legal Help Website

http://www.michiganlegalhelp.org/

• The Michigan Legal Help website was created to help people who have to handle simple civil legal problems without a lawyer. There are articles you can read to learn about a specific area of the law and toolkits to help you prepare to represent yourself in court. The Michigan Legal Help website does not provide legal advice, and it is not a substitute for having a lawyer. If you need more help, you can search the website for a lawyer or community services in your area.

Michigan Legal Services

2727 Second Ave, Detroit, MI 48201 (313) 964-4130

www.milegalservices.org

- Provides legal assistance with property tax issues, foreclosure and homelessness prevention.
- Serves Wayne County.

Neighborhood Legal Services (NLSM)

Housing Advocacy Center

- 7310 Woodward Avenue, Suite 701 Detroit, MI 48202
- (313) 964-1975
- FAX: 313-963-2584

Children's Justice and Education Program

- 7310 Woodward Avenue, Suite 301, Detroit, MI 48202
- (313) 874-5820 x2230
- FAX: 313-874-5497

Elder Law Center

- 12121 Hemingway, Redford, MI 48239
- (313) 937-8291
- FAX: 313-937-8893

Legal Advocacy Center/HIV-AIDS Victim Advocacy

- 7310 Woodward Ave, Suite 301, Detroit, MI 48202
- (313) 874-5820 x2224
- FAX: 313-874-5497

Permanent Housing for the Disabled

- 8900 Pardee Road Taylor, MI 48180
- (313) 316-5356
- FAX: 313-291-2678

www.nlsmichigan.org

 Provides advocacy services to Wayne County individuals who are suffering from a disability, a victim of crime, diagnosed with HIV/AIDS, need housing advocacy services, require legal services for elder residents or legal services for children.

Mental Health & Substance Abuse

ACCESS

(313) 945-8138 or (800) 241-4949

www.accesscommunity.org

- Provides a wide variety of community health, mental health and social services at four locations in Dearborn.
- Accepts Arabic clients or any Dearborn resident, appointment preferred.

All Well-Being Services Mental Health and Substance Abuse Services

https://awbs.org/

1423 Field Ave. Detroit MI 48214

(313) 924-7860

Hours: 8:30am-4:30pm

Children's Hospital of Michigan (CHM) Psychiatry and Psychology Services

3901 Beaubien St. Detroit MI 48201

(313) 745-5437

http://www.childrensdmc.org/pediatric-psychiatry-and-psychology

- Specialists in psychiatry/psychology at CHM provide a variety of consultative and treatment services for preschoolers, children, and adolescents.
- Specialty services designed to address many of the emotional and behavioral needs of the medically ill patients who are seen at the CHM.

Common Ground Sanctuary

1200 N. Telegraph Bldg. 32E, Pontiac MI 48341 (248) 451-2600

www.commongroundsanctuary.org

- Provides crisis counseling 24 hours a day, seven days a week to youth, adults, and families in crisis in the Oakland County area.
- Free legal clinic every Tues 6:30pm 8pm.
- Support groups also available.

Detroit Central City Community Health (DCCCMH)

10 Peterboro St Detroit MI 48201

(313) 831-3160

http://www.centralcityhealth.com/

Open Mon-Fri: 8am – 5pm.

- Provide an integrated array of mental health, housing, and substance abuse services.
- DCCCMH meets the needs of over 4,000 persons annually, providing food, clothing, shelter, employment and treatment services.

Detroit East, Inc.

11457 Shoemaker Detroit MI 48213

Adult (313) 331-3435 Children (313) 267-9600

http://www.mhweb.org/wayne/detroiteast.htm

• Treatment and support services for seriously ill adults, youth, and children and their families living with mental illness or substance abuse.

Development Centers, Inc. (DCI)

17421 Telegraph Rd. Detroit 48219

(313) 531-2500

Adult Services 24424 W. McNichols, Detroit MI 48219 (313) 531-2500

Child Services 17321 Telegraph Rd. Detroit 48219 (313) 531-2500

http://www.mhweb.org/wayne/development.htm

 Provides comprehensive behavioral health services include individual therapy and treatment, case management, vocational readiness, support with daily living skills, housing procurement, dual diagnosis groups, medication monitoring, psychiatric and nursing support, health coordination, parenting support, hospital diversion, assistance with transportation, access to the entire CareLink and Detroit Wayne County Community Mental Health continuum of care.

Macomb Community Mental Health Access Center

https://www.mccmh.net/

(586) 948-0222 (screening)

(586) 307-9100 (24-hour crisis)

Neighborhood Services Organization (NSO) "Life Choices"

8600 Woodward, Detroit MI 48202

(313) 875-7601

https://www.nso-mi.org/

- Provides diverse and innovative community development programs and community services to meet the changing needs of the regions population.
- Provides the following mental health services: Case Management/Services Coordination, Addiction in Alcohol and Other Drugs, Crisis Intervention, Outpatient Treatment, Integrated Developmental Disabilities, Supported Living

Northeast Guidance Center (NEGC)

Adult Services and Administration and Psychiatric Urgent Care Clinic

- 12800 East Warren Ave. Detroit MI 48215
- (313) 308-1400, (313) 824-5623

Children's Wellness Center

- 20303 Kelly Rd. Detroit MI 48225
- (313) 308-1400

Administration and Support Services

- 2900 (5555) Conner Street, Bldg. B Detroit MI 48215
- (313) 308-1400

www.neguidance.org

- Services designed to help the adult with a severe and pervasive mental illness become stabilized, seek community integration, and obtain employment support through specialized programs.
- Takes a whole family approach to help children with severe behavioral difficulties, integrating
 psychiatric and therapeutic techniques to help them live up to their full potential.
- Offers crisis intervention, family or group therapy.

North Central Community Mental

4321 E. McNichols, Detroit MI 48212

(313) 369-1717 17141

 Mental health services, integrated health care, mental illness, co-morbid health disorders, primary care and mental health, North Central breaks barriers between psychiatry and primary care to achieve statistically significant outcomes.

Services to Enhance Potential/Detroit Resource Center

4700 Beaufait Detroit MI 48207

(313) 267-9777 17910

https://stepcentral.org/

• Non-profit organization providing supports and services to persons with disabilities and other mental health needs in Wayne County, Michigan.

Sinai-Grace Hospital Psychiatry/Psychology/Mental Health Services

6071 Outer Drive, Detroit MI 48235

(313)966-3300

24 Hr Crisis Center: (313) 966-4880

https://www.dmc.org/locations/detail/dmc-sinai-grace-hospital

 Offers a full spectrum of outpatient mental health services for adults including individual psychotherapy, family therapy, group therapy, medication evaluation and consultation.

St Clair County Mental Health

3111 Electric Ave, Port Huron MI 48060 (810) 985-8900

The Children's Center (TCC)

79 W. Alexandrine, Detroit MI 48201 (313) 831-5535

http://thechildrenscenter.com/

- TCC is leading the way in local, state, national and international initiatives as the agency of choice for 7,000 children and families in metro Detroit.
- Have nine board-certified Child Psychologists and Psychiatrists along with a team of clinicians on staff dedicated to "Developing Strong Children and Successful Families."

The Guidance Center

13101 Allen Road, Southgate Michigan 48195

Central Access Unit: (734) 785-7700 for all services After Hours Crisis Line: (888)

711-5465 www.guidance-center.org

- Mental health and social services in the Downriver (Wayne County) area for infants, children, teens and adults.
- Also education/learning resources for children and families, children's behavioral health, juvenile justice, developmental disability services.

University Psychiatric Center (UPC)

(313) 577-9000

https://psychiatry.med.wayne.edu/

3901 Chrysler Service Drive, Detroit MI 48201

- Livonia UPC
 - 16836 Newburgh Road, Livonia MI 48154
 - 0 (734) 464-4220

Wayne Center

100 River PI Suite 250, Detroit MI 48207

(313) 871-2337

Leading agency in Wayne County in assisting and enabling persons with disabling conditions
of other behavioral health care needs to achieve optimal independence and inclusion in the
community through self-determination.

Detroit Health Bureau of Substance Abuse, Prevention, Treatment, and Recovery

Herman Keifer Hospital Building 5 8809 John C Lodge St Detroit, MI 48202 (313) 876-4070

 Allows patients to call a single number and have their medical needs, geographical location, and payment information discussed and then given contact information for the facility that seems to best fit their situation.

Detroit Rescue Mission Ministries

(313) 993-4700 (patients can call to determine availability and treatment options) Various Locations- see website

https://drmm.org/services/substance-abuse-services/

- Two major addiction programs sub-acute substance abuse detoxification and substance abuse treatment.
- Sub-acute substance detoxification services are provided by nurses and a licensed physician.
 A variety of agencies such as the Michigan Department of Corrections, Substance Abuse and Mental Health Services Agency and Detroit Bureau of Substance Abuse Prevention, Treatment and Recovery provide referrals and funding for treatment for specific populations.
- Patients who do not meet their guidelines and have no insurance are provided treatment through contributions made by their individual donors.

Christian Guidance Center

19211 Anglin St, Detroit MI 48234 (313) 263-0077

www.drmm.org

- Detox Center & Transitional Housing for People with Co- Occurring Disorders.
- Dual diagnosis substance abuse rehab
- All male facility

Donald F. DeVos Ministry Center

https://drmm.org/tag/devos-ministry-center/

13130 Woodward Ave. Detroit MI 48203

- (313) 993-4700
 - Permanent housing for the disabled.
 - · All male facility.

Oasis

13220 Woodward Ave. Highland Park MI 48203 (313) 993-6703

- Abuse and Treatment Center, Emergency Shelter, Transitional Housing, & Permanent Housing.
- All male facility.

Sacred Heart Rehabilitation Center

(810) 392-2167 or email intake@sacredheartcenter.com

www.sacredheartcenter.com

- Main inpatient treatment and detoxification facility is located in Richmond, MI, which is approximately 1 hr from Mid-town, but they do have an outpatient facility located here in Detroit.
- Dedicated women specialty service, which only treats women 18 and older, with or

without their child, as well as pregnant women.

• The direct contact number for this facility is 810-987-1258 and is located at: New Life Home for Recovering Women Inc - 17131 Gitre Street Detroit MI, 48205

Detroit LIGHT House Program

2727 Second Ave, Suite 133, Detroit MI 48201 (313) 832-1300

www.pnlh.org

- Outpatient addiction services located at Detroit and a dedicated inpatient facility located about 35 min out of midtown Detroit in Plymouth, MI.
- Options are available for patients with insurance, Medicare, and self pay with costs that vary depending on their needs.
- The outpatient facility can be contacted at (313) 832-1300 and the inpatient intake phone number is (734) 451-7800.

Positive Images II

http://www.positiveimageinc.org/

4875 Coplin St Detroit MI 48215

(313) 822-1148

Mon-Fri: 9am-5pm

- Therapeutic community for addicted adult females and their families who have difficulty functioning due to chemical dependency. It provides intensive substance abuse treatment, domicile, childcare, shelter plus support services, and collaborates with existing community programs.
- A 32-unit apartment building that provides housing and supportive to homeless women and their children who are developing the skills necessary to live independently.
- Overall treatment focus is to assist residents in achieving and/or maintaining abstinence from drugs The program includes Anger Management Workshops, Dual-diagnosis Groups, and Play Therapy for children.
- Staff assists residents with resume writing, job skills, interview skills, and referrals to MRS.

Southeastern Michigan Community Alliance

25363 Eureka Road Taylor MI 48180

(734) 229-3500

www.semca.org

• Substance abuse services, call for more information.

Oakland County Health Division PACE Program

(248) 858-5200

1200 North Telegraph Rd, Pontiac Michigan

• Substance abuse services for the uninsured living in Oakland County.

Operation Get Down Substance Abuse/Mental Health Treatment Program

10100 Harper Ave, Detroit MI 48213

(313) 921-9422

http://operationgetdown.org/

• For People Who Are Not Covered By Health Insurance: Call the AARS (Access, Assessment, & Referral) program in your area (listed below):

Macomb County: CARE of Southeastern Michigan

31900 Utica Rd. Fraser MI 48026

(586) 541-2273 or 1-(877) 484-8884

Oakland County: Pace

250 Elizabeth Lk. Rd. Suite1570, Pontiac MI 48341 (248) 858-5200 or 1-(888) 350-0900 ext. 852002 Detroit Residents (within city): Herman Keifer Complex 1151 Taylor, Bldg. #1, Detroit MI 48202 (313) 876-4070 / (313) 876-4566 or 1-(800) 467-2452

Monroe & Wayne County (Other than Detroit): SEMCA

1-(800) 686-6543

Genesee County: IARC

1047 Professional Dr. Flint MI 48552 (810) 235-9555

Livingston & Washtenaw Counties: Washtenaw Community Health Org.

555 Towner, Ypsilanti MI 48197 (734) 554-3050 or 1-(800) 440-7548

Substance Abuse Support Groups

AA (Alcoholics Anonymous) (313) 831-5550

Macomb County Alano Center (586) 465-3151

Oakland County Central AA (248) 332-3521

Adult Children of Alcoholics (810) 853-1776

Eastside Alano Club – Warren (586) 757-9123

Alcoholics For Christ (248) 399-9955

NA (Narcotics Anonymous) 24-hour help line – 1-(877) 338-1188

Families Against Narcotics (F.A.N.) (586) 438-8500

Marijuana Anonymous 1-(800) 766-6779 or (248) 548-4044

Adult Outpatient Treatment Programs - Wayne County

Hegira Programs Inc (HPI) (734) 793-5026 Westland – (734) 427-1144

Self Help Addiction Rehab W. Grand Blvd., Detroit – (313) 894-8444

Quality Behavioral Health (586) 480-1438

Vista Maria/Girls Care Program
Dearborn Heights – (313) 271-3050

Salvation Army Harbor Light Detroit – (313) 361-6136

Sacred Heart Rehabilitation Center Detroit – (586) 541-9550

Community Care Services (CCS) Counseling and Resource Center Lincoln Park – (313) 389-7500

Apex Behavioral Health
Brownstown – (734) 479-0949
Dearborn – (313) 271-8170
Westland – (734) 729-3133
Guidance Center
Southgate – (734) 785-7703

Detroit Methadone Clinics

John Dingel VA Medical Center – Chemical Dependence Treatment Services 4646 John Rd. Detroit MI 48201 (313) 576-1000 x4906

UPC Jefferson Avenue Research Clinic 2761 E. Jefferson Ave. Detroit MI 48207 (313) 993-3964

NW Industrial Drug Rehab Clinic 9600 Dexter St. Detroit MI 48206 (313) 894-4879

Rainbow Center of Michigan Inc 12501 Hamilton Ave. Highland Park MI 48203 (313) 865-1580

Nardin Park Recovery Center (NPRC)

9605 W. Grand River Ave. Detroit MI 48204 (313) 834-5930

Sunshine Treatment Institute PLLC 4821 E. McNicholas Rd. Detroit MI 48212 (313) 368-4800

Metro East Substance Abuse Treatment Corporation 13929 Harper Ave. Detroit MI 48213 (313) 371-0055

New Light Recovery Center Inc 300 W. McNichols St. Detroit MI 48203 (313) 867-8015

Star Center Inc 13575 Lesure St. Detroit MI 48227 (313) 493-4410

Premier Services of Michigan 23700 Van Dyke Ave. Warren MI 48089 (586)758-6670

Prescription Services

Bridges to Access

1-(866) 728-4368

www.bridgestoaccess.com

 For patients with low incomes who may need help getting the medicines they need. Our program provides most of our non-cancer medicines with low co-payments at participating retail drug stores and free through mail order.

Commitment to Access

www.CommitmentToAccess.com

 For cancer and specialty pharmacy medicines, works much like Bridges to Access. Patients with low income and limited prescription drug benefits can obtain these outpatient medicines at no cost.

Crossroads of Michigan

(313) 831-0212

www.crossroadsofmichigan.org

• Provides one-time emergency prescription assistance by appointment only.

Macomb County Senior Prescription Program

(586) 469-6313

 Macomb County residents who are 60 and over can receive discounts on their prescriptions at local pharmacies.

Michigan Medicare/Medicaid Assistance Program

6105 W. St. Joseph Suite 209, Lansing MI 48917 1-(800) 803-7174

Michigan's Prescription Drug Discount Card

1-(866) 755-6479 www.michigan.gov

Needy Meds

1-(978) 281-6666

www.needymeds.org

- Must complete application online
- Includes eye medications

Novo Nordisk Patient Assistance Program

1-(866) 310-7549

Lilly Cares Patient Assistance Program

1-(800) 545-6962

• For assistance with insulin

Oakland County Express Scripps

1-(866) 731–7213

• Two programs are available for Oakland County residents who do not have prescription coverage.

- Free program open to Oakland County seniors 60 and up
- Program for individuals aged 59 and under costs \$14/year to enroll, or \$20/year for families. Discounts of 15 percent to 40 percent are available.

Partnership Prescription Assistance

1-(866) 477-2669

www.pparx.org

Assist with Advair, Symbicort, Plavix, etc.

Prescription Relief

1-(866) 378-4686

www.prescriptionrelief.org

- Prescription assistance for low-income individuals who do not have insurance coverage.
- The cost is \$8 per month per prescription.
- Apply online or call for details.

Senior Alliance

3850 Second St. Suite 201, Wayne MI 48184

- (313) 831-2000
 - Provides a voucher for a 15-day supply of medication.
 - Clients must call to set up an appointment and provide verification that they do not have insurance.

The Medicine Program

www.themedicineprogram.com

• Print a free discount card on the Internet to save money on prescriptions, or call the number above for more information.

Together Rx Access Program

1-(800) 444-4106 or 1-(800) 865-7211

www.togetherrxaccess.com

World Medical Relief

11745 Rosa Parks Blvd. Detroit MI 48206

(313) 866-5333

info@worldmedicalrelief.org

- Mission is to facilitate the distribution of surplus medical resources as needed.
- Through Dual Medical Equipment program, low-income clients can obtain canes, walkers, hospital beds, over-the-bed tables, commodes, tub benches, and similar items. A doctor's prescription is needed. All items must be picked up from WMR's warehouse. A small handling fee is assessed.
- Drug assistance is available for persons in Wayne, Oakland & Macomb counties age 18 and older who do not have prescription drug coverage and meet income levels below and are not currently enrolled in Medicaid.
- Call United Way for Southeastern Michigan's 2-1-1 call center to pre-qualify based on certain income guidelines.
- State licensed pharmacy; affordable \$8.30 per RX, most mailed directly to home
- Must be 18 years or older; earn \$24K or less if single or \$37K or less for couple, additional \$300 per dependent; do not have prescription coverage; not currently enrolled in Medicaid.

NOTE: Target, Wal-Mart & Kroger have \$4.00 generic prescriptions. Meijer has selected antibiotics for free.

Kroger

30 & 90 day supply list.

http://www.kroger.com/pharmacy/generics/Pages/alphabetical_dr ug_list.aspx

Meijer

Free 14 day supply of antibiotics: Amoxicillin, Cephalexin, SMX-TMP, Ciprofloxacin, Ampicillin, Penicillin VK, Prenatal vitamins, Birth Control, Metformin (up to 100 tablets/fill), Atorvastatin (30 tablets/fill) (10,20,40,80mg)

Target

30 & 90 day supply list for \$4 Prescriptions.

Lists by condition and/or alphabetical.

http://www.target.com/pharmacy/generics-condition

Wal-Mart

30 & 90 day supply list for \$4 Prescriptions.

Downloadable & Printable lists in English & Spanish. http://www.walmart.com/cp/1078664 Prescription Drug and Patient Assistance Programs

There are many resources on the internet that provide information on prescription drugs and Patient Assistance Programs (PAP).

Visit www.phrma.org, www.pparxmi.org, www.rxassist.org. or www.needymeds.com, or call (202) 835-3400 for more information on lowering prescription drug bills.

Specialized Programs

Hemophilia Foundation of Michigan

905 W. Eisenhower Circle, Suite 107 Ann Arbor MI 48103

1-(800) 482-3041

www.hfmich.org

 Supports people who have Hemophilia and provides information about medications, as well as grants for those with financial need.

Michigan Lupus Foundation

26507 Harper Ave. St. Clair Shores MI 48081

(586) 775-8310 or (800)705-6677

www.milupus.org

• Provides one-time, emergency assistance for members of the Alliance diagnosed with Lupus. Costs \$25 per year.

Michigan Parkinson Foundation

30400 Telegraph Rd. Suite 150, Bingham Farms, MI 48025 (248) 433-1011 or (800) 852-9781

www.parkinsonsmi.org

 Pays up to \$250 per year for Parkinson's related medications, for those that do not currently have prescription coverage.

Myasthenia Gravis Association

5523 East Nine Mile Road Warren MI 48091 (586) 755-9100 or (800) 227-1763

www.mgadetroit.org

• Provides mail order medication for the drugs Mestinon and Prednisone for people diagnosed with Myasthenia Gravis.

National Kidney Foundation of Michigan

1169 Oak Valley Drive, Ann Arbor, MI 48108 1-(800) 482-1455

www.nkfm.org

- The foundation will pay \$750 toward the cost of medications for people with kidney disease who
 do not have insurance coverage.
- Contact the Program Coordinator for patient services for more information.

Tax & Social Security Assistance

ACCESS

ACCESS Youth & Family Services Center

Social Services Department

2651 Saulino Court Dearborn, MI 48120 Phone: 313-842-7010 Fax: 313-842-5150

Shukria Nasser: snasser@accesscommunity.org Sabah Fakhoury: sfakhoury@accesscommunity.org

Mayyada Yehia - office supervisor: myehia@accesscommunity.org

ACCESS One-Stop Employment & Human Service Center

Social Services Department

6451 Schaefer Road Dearborn, MI 48126 Phone: 313-945-8380 Fax: 313-846-4713

Dalal Tamim: dtamim@accesscommunity.org

Enam Abraham, office supervisor: eabrahem@accesscommunity.org

Free Tax Preparation

The Accounting Aid Society is available to the ACCESS Youth & Family Services Center,
ACCESS One-Stop and Employment & Human Services Center, and Social Services Department
to provide free income tax and home heating credits to low- and middle-income households during
tax season. All Center for Working Families program clients receive free tax preparations during
tax season.

ACCESS Social Security Assistance

- Medicare parts A, B, & D: Assist with the application completion process
- Medicare Extra Help Program: Assist with the application completion process for Social Security Supplemental Income (SSI)
- Social Security retirement or disability, survivors or family benefits: Assist with the application completion process
- Appeal a disability decision claim: Assist with and interpret the filing process
- Complete a representative payee report: Assist with and interpret the filing process
- Social Security number: File applications, assist with card replacement or first time applicants, assist with the application completion process
- Benefit verification letter: Assist with obtaining documents
- Social Security statement: Assist with obtaining documents
- MMAP counseling: Staff are state certified MMAP counselors who can assist and interpret the selection of Medicaid Part D

For rules and regulations, visit www.ssa.gov(link is external).

Transportation

Always On Time Transportation

5416 Bentley Rd #101, West Bloomfield Township, MI 48322 (248) 915-0501

Ambu-Trans, Inc.

http://www.ambutrans.org/ 24782 Hathaway Farmington Hills MI 48335 (248) 471-7400

Area Agency on Aging 1-B

https://aaa1b.org/ 29100 Northwestern Hwy., Suite 400 Southfield MI 48034 1-800-852-7795

Center For Senior Independence Program Of All – Inclusive Care for the Elderly (PACE) 855-665-3272

Crossroads of Michigan

Main Office: 2424 W. Grand Blvd. Detroit, MI 48208 (313) 831-2000

Crossroads EAST at Salem: 21230 Moross Detroit, MI 48236

(313) 822-5200

www.crossroadsofmichigan.org

 Whether it's getting to an important doctor's appointment, a new job, etc., people turn to Crossroads for help!

Downriver Community Conference

http://www.dccwf.org/transportation.php

For service contact DCC Transportation Dispatch at 734-362-7050

Eastside Butzel Family Center

https://detroitmi.gov/departments/parks-recreation/community-recreation-centers/butzel-family-center

7737 Kercheval Detroit, MI 48214

(313) 626-2100

- Must be a resident of the City of Detroit
- Must present identification (ID)
- Must present Social Security card
- Must present proof of income
- Transportation provided by Checker Cab
- Five (5) FREE rides per month
- Pickups only 8:00am -11:30am

Guardian Angel Home Care and Hospice Inc

1701 Northfield Drive Rochester Hills, MI 48309 (248) 853-4346

270) 000 7070

http://guardianangel.net/home/

Health Link Medical Transportation

26187 Northline Road Taylor, MI 48180 (248) 867-0368 www.healthlinkems.org

Homecare Network of Michigan

30777 Northwestern Hwy Ste 105 Farmington Hills, MI 48334 (248) 254-3711

HOUR Transportation

https://www.hourtransportation.com/index.html 17368 W. 12 Mile Road, #100 Southfield, MI 48076 (248) 569-7500 or 888-290-4270

ITN Metro Detroit Transportation

27177 Lahser Rd Ste 102 Southfield MI 43034 (248) 262-7269

Jewish Senior Life Transportation Services

https://www.jslmi.org/ 15000 W 10 Mile Rd, Oak Park MI 49237 (248) 592-1108

J&J Mobile Services

http://j-jtransport.com/contact-us/ 19001 E 8 Mile Rd, Eastpointe, MI 48021 (313) 924-4368

Logisticare Services

https://www.logisticare.com/

(404) 888-5800

26877 Northwestern Hwy Suite 211, Southfield MI 48033

- FREE transportation for Medicaid recipients
- Medical appointments only
- Must make reservation at least TWO (2) days in advance

Loving Transportation, Inc.

51194 Romeo Plank, #353 Macomb, MI 48042 (586) 992-1024 www.lovingtouchtransportation.com

Matrix Human Services--Vistas Nuevas Head Start

13560 E McNichols Rd, Detroit, MI 48205 (313) 962-5255

www.matrixhumanservices.org

• Medical Transportation and has a Ways To Work – Car Loan Program.

Minibus Department, OPC

https://opcseniorcenter.org/services/transportation

650 Letica Drive Rochester, MI 48307 (248) 652-4780

• Territory specific Rochester, Rochester Hills, Oakland Twp only

Nankin Transit

http://www.nankintransit.com/ 32150 Dorsey, Westland MI 48186 (734) 729-2710

· Wayne, Westland, Garden City, and Inkster only

People's Community Services

420 S. Leigh Street Detroit, MI 48209 (313) 365-6260 www.pecose.org

Serves Highland Park and Detroit areas

Plymouth Community Senior Transportation

https://www.ci.plymouth.mi.us/index.aspx?NID=865 42375 Schoolcraft, Plymouth, MI 48170 (734) 459-8888

• Must be living in Plymouth or Charter Twp. Of Plymouth

Pointe Area Assisted Transportation

90 Kerby Road, Grosse Pointe Farms, MI 48236 (313) 343-2580

Reddi Ride Transportation, Inc.

23077 Greenfield Rd., Southfield, MI 48075 (248) 559-2500 www.reddiride.com

Matrix Senior Wellness Services

https://www.matrixhumanservices.org/programs/seniorwellness/(313) 628-2000

2301 Woodmere, Detroit MI 48209

- Must be 60+
- Must be resident of Detroit
- Eligible for 3 rides per month
- Cost: \$10.00 roundtrip
- Application must be completed

SMART Community Transit

(866) 962-5515 www.smartbus.org

St. Christopher Medical Transportation

26200 Lahser Road, Suite 200 Southfield, MI 48033 (248) 566-1123

St. Patrick Senior Center, Inc

http://www.stpatsrctr.org/home0.aspx

58 Parsons, Detroit, MI 48201

(313) 833-7080

- Must have physical or mental disability
- · Medical documentation required
- \$2.50 per ride

Traveler's Aid Society

Cadillac Towers 65 Cadillac Square 30th Floor, Detroit MI 48226 (313) 962-6740

Email: info@travelersaiddetroit.org

https://www.tasmd.org/

• Transportation to doctor's appointments or job interviews for persons in need, service people, accident victims, and those with illnesses.

ZCD Transportation, Inc.

http://guardianangel.net/home/services/transportation/ 1701 Northfield Dr. Rochester Hills MI 48309 (248) 853-4346

Utility Assistance

DTE – Medical Emergencies

800-477-4747

www.dteenergy.com

• If an account is subject to shut off for non-payment, a shut off may be postponed for up to 21 days due to a medical emergency. Written proof from a doctor or notice from a public health or social services agency that service shut-off will aggravate an existing medical emergency must be provided.

Energy Direct

https://business.directenergy.com/

(888) 326-8559

- Department of Human Services (DHS) matches the names of clients with shutoff status customers of DTE, Consumer's, and Secom. Clients sign up for this automated program and receive a maximum of
- \$550 for heat/\$550 for electricity. Shutoff is avoided for 30 days and a notice does not go to their home. DHS will alert clients when a shutoff notice has been paid.

Home Heating Credit

www.michigan.gov/heatingassistance

Low-income customers, seniors 65+, and residents with disabilities are eligible to obtain heating bill funding through the Michigan Department of Treasury.

Accounting Aid Society (AAS)

3031 W Grand Blvd, Detroit MI 48202 (313) 556-1920

www.accountingaidsociety.org

 Eligibility for the Home Heating Credit is based on annual household income, the number of household members, and other factors. State income tax returns do not have to be filed to receive the credit, so many who are eligible for it are not required to file taxes. To find out if you qualify for the Home Heating Credit, call to make an appointment.

The Heat & Warmth Fund (THAW)

535 Griswold St, Suite 200, Detroit MI 48226

800-866-8429

Email: info@thawfund.org

http://thawfund.org

- Obtain financial donation assistance toward your winter utility bills
- Residents are eligible who:
- Income must be at or below 250% of 2009 Federal Poverty Level
- Have exhausted federal and state funded programs
- Are in shutoff status (except seniors, age 62 or older)
- If you live in subsidized housing, you are not eligible for assistance unless you spent 30% of your income on household costs (rent, utilities, and water) in the past year. Please see website for other needed guidelines. THAW (a Detroit-based non-profit) will distribute \$4.8 million in emergency energy assistance to about 8,000 families with emergency energy issues each year, across 70 counties in Michigan.

Vision

Eye Care America Various Locations (877) 887-6327 http://www.eyecareamerica.org

- Provides referrals to doctors who will perform free or very low cost eye exams and surgery to individuals over 65 years old.
- Also provides free glaucoma exam for those at risk.

Hotlines & Special Services

AIDS Information and Resources

https://aids.nlm.nih.gov/

Please call 1-(800) 872-AIDS (872-2437) or 1-(800) 750- TEEN (750-8336) for information about HIV and AIDS.

Alcoholics Anonymous (AA)

www.alcoholics-anonymous.org

- Free, 12-step program that helps individuals with alcoholism to stop drinking.
- Visit the Web site to find a group near you.

Alzheimer's Helpline

1-(800) 272-3900 Information about Alzheimer's disease.

• Call this hotline, sponsored by the Alzheimer's Association.

American Association of Retired Persons (AARP)

1-(888) 687-2277

www.aarp.org

• This organization provides medical and dental insurance discounts, job placement, and other services for people aged 50 and older.

AmeriPlan USA

http://ameriplanusa.com/

(800) 647-8421

Email: info@ameriplanusa.com

 A medical/dental/vision discount program for small business owners and their employees. Call the number listed above for more information.

Barbara Ann Karmanos Cancer Institute

www.karmanos.org

4100 John R, Detroit MI 48201

Cancer awareness, treatment and prevention for Detroit and Wayne County residents.

BCBSM/BCN Medicare Part D Helpline

1-(800) 255-1690

www.bcbsm.com

 Helpline for information about Medicare Part D prescription plans offered by Blue Cross Blue Shield of Michigan and Blue Care Network.

Children's Special Health Care Services

1-(800) 359-3722

www.michigan.gov/cshcs

 Program for children and some adults with special health care needs and chronic medical condition such as cerebral palsy, sickle cell disease, epilepsy, diabetes, muscular dystrophy or others, please call the number above for more information.

Depression and Suicide Resources

1-(800) 784-2433 or 1-(800) 273-8255 anytime for help (please call 911 for emergencies).

• Help is available for you or your loved ones suffering from depression or suicidal thoughts.

Domestic Violence Resources

1-(800) 799-SAFE (7233)

• Call anytime to find out about shelters, free legal services, counseling and other resources in your area.

Elderly and Disabled Helpline

1-(855) 444-3911 (Wayne County Adult Protective Services) 1-(800) 942-4357

- Provides information, referrals, and resources on abuse and neglect for elderly and disabled citizens.
- Report suspected abuse by calling 1-(855) 444-3911.

Elder Abuse Unit at Wayne County's Prosecutors office

(313) 224-5777

https://www.waynecounty.com/elected/prosecutor/elder-abuse-unit.aspx

Gospel Against AIDS

3968 Mt. Elliot St, Detroit MI 48207 (313) 341-5989

www.gospelaa.org

 Faith-based organization that provides preventive education on HIV/AIDS and sexually transmitted diseases

Michigan 2-1-1

https://www.mi211.org/

- 2-1-1 is a new hotline that provides information and referrals to anyone in Michigan about health care, education, housing, family planning, mental health or other social services.
- Simply pick up the phone and dial "211" to learn more.

Michigan Parenting Help

http://www.bridges4kids.org

 Website with a large variety of topics plus online help o Information and referral services for all kids.

MIChild/Healthy Kids Program

1-(888) 988-6300

www.michigan.gov/michild

- Provide basic health and dental insurance coverage and preventive services to uninsured Michigan children and pregnant women who do not qualify for Medicaid.
- Cost is either free or minimal fee, depending on your income.

Mammogram/Pap Smear Referral Program

1-(800) 922-6266

https://www.michigan.gov/documents/mdch/BCCS_brochure_E_381553_7.pdf

Michigan Department of Community Health provides this free service to women ages 40-64 who
need information on breast or cervical cancer, or are in need of an annual Pap smear or
mammogram. Simply call the number listed above to find women's health resources in your area.

Michigan Senior Abuse Hotline

1-(800) 347-5297

Northland Family Planning

1-(800) 447-7354

- Family planning, emergency contraception, routine gynecological exams, and other reproductive health services.
- Three metro Detroit locations: Westland, Southfield and Sterling Heights.

Nursing Home Helpline

1-(866) 485-9393

- Nursing home residents and their relatives can call this number to file complaints, and assist with resident rights, payments, issues, guardianship, and nursing home placement.
- Find information on nursing homes in your area.

Parents Anonymous

www.parentsanonymous.org

- Visit website for more information on their free weekly support groups which help parents learn about community resources, set parenting goals, and give and receive support during difficult times.
- Free child care is available while the groups are in session.

Planned Parenthood

1-(800) 230-PLAN

https://www.plannedparenthood.org/planned-parenthood-michigan

- Provides reproductive health care, including annual exams, contraception, pregnancy testing, and sterilization to women and men.
- Fees are based on a sliding scale. There are 29 clinics throughout Michigan.

Poison Control

1-(800) 222-1222

• Immediate advice on possible poisoning, toxic substance or any other environmental hazard emergency.

Suicide Prevention/Crisis Center 24 Hours

http://suicidehotlines.com/michigan.html

- Macomb County (586) 307-9100
- Oakland County (800) 231-1127
- Wayne County (313) 224-7000

Tobacco Quit Line

1-(800) 784-8669

- Free hotline to help break addiction to tobacco-related products. 1-(800) 537-5666
- Free printed materials, coupons, quit kits.

Wayne County Prosecutors Office: Child and Family Abuse Bureau

(313) 224-5857

Wayne County Department of Human Services

(313) 792-7700

- 22 locations in the metro Detroit area; call to find the one nearest you.
- Helps families meet financial, medical, and social needs.
- Assists people to become self-sufficient.
- Helps protect children and adults from abuse, neglect, and exploitation.

Women's Center of Southeastern Michigan

1100 Victors Way, #10, Ann Arbor MI 48108 (734) 973-6779

http://www.womenscentersemi.org/

• Therapy, financial counseling, career services, and support groups for women. Please call or visit the Web site for more information.

Women, Infants and Children Program (WIC)

1-(800) 942-1636

http://www.fns.usda.gov/wic

• Provides nutritious foods, information on healthy eating, and referrals to health care for women, infants, and children.

U.S. Veterans Health Resource Center

1-(877) 222-8387

www.va.gov

- Provides medical services to all military veterans who have served in the United States Armed Forces.
- Services are either free or require a small fee.